

M.P.Ed.

<p>Broad outcome of the programme</p>	<ul style="list-style-type: none"> • The student after pursuing M.P.Ed. course will be equipped with expertise of working efficiently at University Post Graduate Departments, Undergraduate colleges and Pre-University colleges. • M.P.Ed. Degree holder will be able to handle practical as well as theory classes in different spectrums of physical education, sports, recreation, health and fitness. • M.P.Ed. student after pass out will be an expert in catering to the needs of college students in terms of health, fitness, wellbeing and will be able to train students for competitive sports. • M.P.Ed. student after pass out will be able to work in fitness centers, gyms, yoga centers and stadiums to address the health and fitness needs of various sections of the community. 	
<p>Programme specific outcome</p>	<p>Health: Catering to the health needs of students, community dwellers and other stakeholders.</p> <p>Physical fitness: Improving physical fitness of students, people suffering from non-communicable diseases and healthy individuals for keeping themselves fit.</p> <p>Competitive sports: Training young sportspersons for competitive sports at different levels of participation in various sports and games.</p>	
<p>Course outcome (paper)</p>	<ol style="list-style-type: none"> 1. Research process in physical education and sports sciences 2. Test, Measurement and Evaluation in physical education 3. Applied statistics in physical education and sports. 4. Laboratory practicals 	<p>Helpful for pursuing PhD and other Research activities. Following students have been benefitted:</p> <p>Mr. Vasanth Naik P Mr. Prasanna Kumara MD Mr. DileepKumar SC Mr. Gangadhara Magalada Mr. Suresh R</p>

	5. Practical- Volleyball, Kabaddi, Kho-Kho, Handball, Football, Badminton and TableTennis.	Helpful in preparing students for National, Inter-University and state level competitions. Mr. DileepKumar SC successfully completed Diploma in Sports Coaching from National Institute of Sports, Patiala.
	6. Practical- Track and field, running, jumping and throwing activities.	Will help in keeping oneself fit and ready for challenges in life. Mr. Mahesh is appointed in Police Department.
	7. Yoga	Helpful in obtaining expertise as Yoga trainer.
	8. Aerobics	Helpful in obtaining expertise as Fitness trainer
	9. Weight lifting and power lifting	Helpful in obtaining expertise as Gym instructor.
	10.Sports Medicine 11.Athletic care and rehabilitation	Management of sports injuries Rejuvenation of ill individuals
	12.Sports training	Helps in working as personal trainer Helps in applying sports science in preparation of sports persons.
	13.Biomechanics and Kinesiology 14.ICT in physical Education	Helps in obtaining positions like sports and games analysts.
	15.Sports psychology	Helps in obtaining position of sports psychologist.