

CURRICULUM VITAE



Dr.MANJUNATHA E

Email: manjunathaeyadav@gmail.com

Mobile no: 9980701746, 9398837269.

CAREER OBJECTIVE

To serve the organization with enthusiasm, apply the best of my abilities, contribute to its growth and success, and carve out a successful career for myself.

<u>Course</u>	<u>Board/university</u>	<u>Institute</u>	<u>Year of passing</u>	<u>Percentage</u>
Ph.D.	Kuvempu university	Dept of Physical Education	Awarded:14-10-2024 (Registration No-705/23-12-2020)	
KSET	University of Mysore	University of Mysore	2019-2020	PASS
NSNIS. BASKETBALL FOOTBALL (CC)	Sport authority of India (SAI)NSNIS PATIAL	A.N.U. Guntur A P	2016/ 2018	71% (A. grade) 66% (B. grade)
M.PED	Mangalore university	Mangalore university	2014-2015	76.04 %
B.PED	Mangalore university	Alva's college of Physical Education	2012-2013	77.17 %
B. A	Tumkur university	S.V.C. Pavagada	2011-2012	76.71%
P. UC (+1+2)	Pre-University Board	GOVT College Medigeshi	2006-2007	71.82%
10TH	S.S.L.C. Board	S.S.R.H.S. Madhugiri	2004-2005	48%

GAME SPECIALIZATION

- ✓ FOOT BALL
- ✓ BASKET BALL
- ✓ BADMINTON
- ✓ ATHLETICS

EXPERIENCE

- Worked as the Physical Education Director at Green Wood Group of Institutions, Warangal, Telangana, for three years.
- Served as a sports coach at Kendriya Vidyalaya, Channapatna, Ramanagar, Karnataka, for two years.

Current Position:

Lecturer, Department of P.G. Studies and Research in Physical Education,
Jnanashyadri, Shankaraghatta, Kuvempu University, Shivamogga 577451

CONFERENCES / WORKSHOPS

1. **Participated in the International Conference** on “Physiotherapy in Physical Education and Sports Sciences” (ICPPESC-2014), held at Government College, Mandy, on February 22nd and 23rd, 2014. The conference focused on the integration of physiotherapy in the fields of physical education and sports sciences, providing valuable insights and networking opportunities with professionals and experts in the field.
2. **Participated in the National Seminar** on "Effective Implementation of Sports and Games in Educational Institutions," held at Sri Dhavala College, Mangalore University, Moodbidri, on December 22-23, 2014. The seminar focused on strategies for incorporating sports and games into educational curricula to enhance student engagement and development.
3. **Participated in the National Conference** on "Relevance of Physical Education in the Present-Day Curriculum Scenario—An Indian Perspective," held at Maharani Arts and Commerce College for Women, Mysore, on February 26-27, 2014. The conference explored the importance and integration of physical education within contemporary educational frameworks, highlighting its impact on holistic student development.
4. **Attended a National Level Workshop** on "Sports Science and Research," held at Mangalore University, Mangalore, from May 23–28, 2022. The workshop covered advancements and research methodologies in sports science, offering insights into the latest trends and practices in the field.
5. **Attended and presented a paper** titled "A Study on Physical Fitness Among Kendriya Vidyalaya Students" at a two-day National Conference on Physical Education and Sports Science, held at VVMS Damodar College of Commerce and Economics, Margao, Goa, on April 5-6, 2023.
6. **Participated in and presented** a paper at the National Level Workshop on "Impact of National Educational Policy on Sports, Yoga, and Wellness," held at Tumkur University, University College of Science, Tumkur, on March 22, 2024. The workshop focused on the implications of

the National Educational Policy for sports, yoga, and wellness programs, providing a platform for discussion on policy impacts and implementation strategies.

7. **Participated in and presented** a paper at the Multidisciplinary International Conference on "A Sustainable Future: The Role of Education," held at Government First Grade College, Channapatna, on April 26-27, 2024. The conference addressed the critical role of education in promoting sustainability and discussed innovative approaches to integrating sustainability into educational practices.
8. **Participated** in an online 7-day International Workshop on "Yoga for Women's Wellness" from June 14 to June 20, 2024, held in celebration of the 10th International Yoga Day. The workshop was organized by Yoga Mandir Trust, Bengaluru, in association with the Indian Institute of Science, Bengaluru, and Yogasala – Rajiv Gandhi University of Knowledge Technologies, Nuzvid, A.P. The workshop focused on enhancing women's wellness through yoga practices and techniques.
9. **Participated** in a RUSA-sponsored one-week workshop on "**Personality Development Through Yoga**" held from 18th December 2024 to 24th December 2024, under the Faculty Improvement Programmes organized by the University of Mysore, Mysore.
10. Participated in a RUSA-sponsored seminar on Faculty Improvement Programmes organized by the University of Mysore, Mysore – January 9, 2025 to January 10, 2025.
11. **Presented** a paper titled "*Exploring Anaerobic Power Dynamics Among Male and Female Trainers in Physical Education*" at the One-Day International Conference on Physical Education and Allied Sciences (ICPEAS) organized by the Department of Physical and Sports Science, Maharani's Women's Commerce and Management College, Mysore, on February 7, 2025.
12. **Co-authored a paper titled** "*An Investigation into Sleep Quality Among Male and Female Physical Education Trainees*", presented at the One-Day International Conference on Physical Education and Allied Sciences (ICPEAS) organized by the Department of Physical and Sports Science, Maharani's Women's Commerce and Management College, Mysore, on February 7, 2025.
13. **Co-authored** a paper titled "*Depth Perception and Eye-Hand Coordination Among Physical Education Trainees*", presented at the One-Day International Conference on Physical Education and Allied Sciences (ICPEAS) organized by the Department of Physical and Sports Science, Maharani's Women's Commerce and Management College, Mysore, on February 7, 2025.
14. **Co-authored** a paper titled "Personality and Motor Fitness: A Study of High School Boys Kho-Kho Players from Tumkur District", presented at the One-Day International Conference on Physical Education and Allied Sciences (ICPEAS) organized by the Department of Physical and Sports Science, Maharani's Women's Commerce and Management College, Mysore, on February 7, 2025.
15. **Participated in a five-day National Faculty Development Programme (NFDF)** – Created & Powered by Centre for Research & Training (CRT), National Foundation for Entrepreneurship Development (NFED), Coimbatore, Tamil Nadu (17–21 February 2025)

16. **Participated** in a three-day convention on Knowledge Dialogues, organized by Kuvempu University (Jnanashyadri, Shankaghatta, Shivamogga – 577451) and The Journal of Dialogues on Knowledge in Society, held from 20 to 22 February 2025.
17. **Participated** and **presented** a paper titled “Sustainable Innovations in Physical education fostering ecological responsibility and active learning” at the international conference responsibility” held on 25 February, 2025 organised by the departments of economics and political science, St Agnes college (Autonomous), Mangaluru.

AWARDS AND RECOGNITIONS

- **Best Paper Presentation Award** for the paper “*Exploring Anaerobic Power Dynamics Among Male and Female Trainers in Physical Education*” at the **One-Day International Conference on Physical Education and Allied Sciences (ICPEAS)**, Maharani’s Women’s Commerce and Management College, Mysore, on **February 7, 2025**.
- **Member** of the referral/review management system for the esteemed international open-access, peer-reviewed journal “International Journal of Novel Research and Development (IJNED)” since February 22, 2025 (ISSN 2456-4184, www.ijnrd.org).

RESEARCH PAPER PUBLICATIONS

1. Dr. Satyanarayana, L. H., & **Dr. Manjunatha, E.** (2023). Assessment of cardiovascular endurance and stress levels of female sportspersons during the menstrual cycle. *Journal of Survey in Fisheries Sciences* (Scopus-indexed), 10(3), 809–812. <https://doi.org/10.53555/sfs.v10i3.3229>
2. **Manjunatha, E.**, & Manjunatha, L. (2023). A comparative study on forced vital capacity of inter-collegiate men handball and kho-kho players in Madhugiri Taluk. *International Journal of Research in Academic World*, 2(11), 27-30. E-ISSN: 2583-1615.
3. **Manjunatha, E.**, & Prakash, S. M. (2022). A study on health-related fitness components among students of Kendriya Vidyalayas in Karnataka. *International Journal of Food and Nutritional Sciences*, 11(13), November 2022. PRINT ISSN: 2319-1775, e-ISSN: 2320-7876. www.ijfans.org.
4. **Manjunatha, E.**, & Prakash, S. M. (2023). A study on physical fitness among Kendriya Vidyalaya students. *Madhya Bharti*, 83(15), January - June 2023. ISSN: 0974-0066.
5. **Manjunatha, E.**, & Prakash, S. M. (2023). A study on sports facilities in terms of quantity and quality in Kendriya Vidyalayas. *Juni Khyat*, 13(5), November 2023. ISSN: 2278-4632. UGC Care Group I Listed Journal.

6. **Manjunatha, E., & Prakash, S. M.** (2024). A study on health-related physical fitness level of Kendriya Vidyalaya students. In *National Level Conference on Impact of National Educational Policy on Sports, Yoga, and Wellness* (pp. 22-23). Tumkur University, University College of Science, Tumkur. ISBN: 978-93-82694-60-1.
7. **Manjunatha, E., & Prakash, S. M.** (2024). Comparative study on motor fitness of KVS students in Karnataka. *National Research Journal of Information Technology and Information Science*, 11(Special Issue 1), May 2024. ISSN: 2350-1278.
8. **Manjunatha, E., & Prasanna, B. K.** (2024). Anxiety-level of players during sports competitions: An analysis of male participants of selected universities in Karnataka. *International Journal of Physical Education, Sports and Health*, 11(4), 569-571. P-ISSN: 2394-1685, E-ISSN: 2394-1693. www.kheljournal.com.
9. Manjunatha, L., & **Manjunatha, E.** (2024). A study on selected motor fitness components of kho-kho players of selected clubs in Karnataka. In *National Level Conference on Impact of National Educational Policy on Sports, Yoga, and Wellness* (pp. 22-23). Tumkur University, University College of Science, Tumkur. ISBN: 978-93-82694-60-1.
10. Manjunatha, L., & **Manjunatha, E.** (2024). A study on the range of motion of the joints in badminton and tennis players. *TIJER - International Research Journal*, 11(9), a193-a199. <https://tijer.org/tijer/viewpaperforall.php?paper=TIJER2409022>.
11. Manjunatha, L., & **Manjunatha, E.** (2024). Sports competition anxiety among Kabaddi and football players of Mangalore University intercollegiate sports participation. *National Research Journal of Information Technology and Information Science*, 11(Special Issue 1), May 2024. ISSN: 2350-1278.
12. Ranjith, P. P., & **Manjunatha, E.** (2023). An investigation into the concentration and aggression levels of hockey players at Mangalore University. *Juni Khyat*, 13(11), November 2023. ISSN: 2278-4632. UGC Care Group I Listed Journal.
13. Lakshminarasappa G, Dr. K K Amarnath, and **Dr. Manjunatha E**, (2024) examining the effects of the fit India fitness protocol on the stress levels of the college students - experimental research. *juni khyat* issn: 2278-4632, (ugc care group i listed journal) vol-14, issue-12, no.03, December: 2024
14. Manjunatha L & **Dr. Manjunatha E** (2025) Depth perception and eye-hand coordination among physical education trainees. *IJIRT | Volume 11 Issue 9 | ISSN: 2349-6002.P:1645-1648*. <https://ijirt.org/Article?manuscript=172969>
15. Basavaraju & **Dr. Manjunatha E** (2025) Personality and Motor Fitness: A Study of High School Boys Kho-Kho Players from Tumkur District. *IJIRT | Volume 11 Issue 9 | ISSN: 2349-6002.P:2116-2121*. <https://ijirt.org/Article?manuscript=172966>
16. Shashidhara N V , Dr Prasanna B K & , **Dr. Manjunatha E** (2025) Perceptions and Engagement of Mangalore University Postgraduate Students in Sports, Games. *International Journal for Multidisciplinary Research (IJFMR)*, Volume 7, Issue 1, January-February 2025 E-ISSN: 2582-2160. <https://www.ijfmr.com/papers/2025/1/37789.pdf>

BOOKS

1. **Dr.Manjunatha, E.,** & Lakshminarasappa, G. (2024). *Integration of ICT in physical education: Communication, fundamentals, and e-learning applications*. Sports Vision, Bhagwati Publication Distributors. ISBN: 978-93-94245-88-4.
2. Dr.Raghavendra, G. L., & **Dr.Manjunatha, E.** (2024). *Adapted physical education: Strategies for inclusive coaching and officiating*. Angel Publication, Bhagwati Publication Distributors. ISBN: 978-93-91073-96-1.

EXTRA CURRICULAM ACTIVITIES

1. **Officiated** at the 75th All India Inter-University Athletic Championship,2015.
2. Served as a **technical official** for the 19th Federation Senior National Athletic Championship.
3. Served as a **football coach** and conducted a summer football camp at DYES, Ramanagar, in 2019.
4. Participated in **the Divisional Level NSS** Camp held in Ramanagar, Karnataka, in 2007.
5. Attended 20 webinars on sports and games during the COVID-19 pandemic.
6. **Officiated** at the Kuvempu University Inter-Collegiate Athletic Championship,2022.
7. **Delivered a special lecture** on the importance of physical education and its career opportunities during the National Sports Day celebration on August 31, 2021, at Government First Grade College, Medigeshe, Tumkur, Karnataka.

ACHIEVMENTS

- Represented Tumkur University in the intercollegiate football tournament.
- Represented District Level Dasara Football Tournament
- Represented Mangalore University in the intercollegiate football tournament and was the winner of these tournaments.
- Represented Kuvempu University in intercollegiate Football championships.

COMPUTER SKILLS

- Basic knowledge of operating systems.
- Successfully completed the course in DCA (MS- win, MS-off) DTP (Page maker & Coral draw)

STRENGTH

- Excellent communication skills and leadership skills.
- Command over different types of games and sports
- Familiarize yourself with the rules of games.
- Self-confidence.
- Expertise in sports officiating and coaching
- Strong organizational abilities for conducting tournaments
- Confidence and adaptability in professional settings

PERSONAL PROFILE

Name	MANJUNATHA E
Father name	ERANNA
Gender	Male
Date of birth	06.05.1990
Nationality	Indian
Martial statuses	Single
Language	Kannada, English, Hindi, Telegu
Hobbies	Trekking, Coaching, Reading Books, Playing games
Religion	Hindu
Parment address	Laklihatti Bedathur post Madhugiri taluk Tumkur district, Karnataka PIN:572133

REFERENCES

1. **Dr. S. M. Prakash** Former Director and Chairman, Department of Physical Education, Kuvempu University, Jnanasahyadri, Shankaraghatta, Shivamogga, Karnataka - 577451.
2. **Dr. Gerald Sontosh D'Souza, Director, Department of Physical education, Mangalagangothri Konaje Mangalore university, Mangalore, Karnataka**
3. **Dr. Gajanana Prabhu** Chairman and Associate Professor, Department of P.G. Studies and Research in Physical Education, Kuvempu University, Jnanasahyadri, Shankaraghatta, Shivamogga, Karnataka - 577451.

DECLARATION

I have declared that the above information is correct to the best of my knowledge.

Date: 19/03/2025

Place: Jnanashyadri

Your faith fully

(Dr. MANJUNATHA E)