

Resume

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CAREER OBJECTIVE

I intend to build a career in leading organization with my commitment and dedication, which will help to create an atmosphere for potentiality with my efficiency and thereby elevation of the career. Adept in behavioural modification, motivational techniques, and cooperative learning. Possesses excellent communication skills and strong work ethic, putting educational lessons into practice and maintaining exemplary physical fitness.

EDUCATIONAL QUALIFICATIONS

Examination	School/College	Board/University	Year of Passing	Percentage
SSLC	National High School Shanthinagara Shimoga	K.S.E.B	2011	68.48%
PUC	National P.U College Shanthinagara Shimoga	Pre-University Education Board	2013	76.50%
B.A	University Arts and Commerce College Shankarghatta	Kuvempu University	2016	67.28%
B.P Ed	UCPE, Kuvempu University	Kuvempu University	2018	79.12%
P.G. Diploma In Yoga	Department of physical education, Kuvempu University	Kuvempu University	2017	65.57%
KSET	Conducted by University of Mysore	Mysore University	2018	Eligible
M.P Ed	Department of physical education, Kuvempu University	Kuvempu University	2020	71.80%
Ph. D. Coursework exam	Department of physical education, Kuvempu University	Kuvempu University	2022	68.50%
Ph. D.	Department of physical education, Kuvempu University	Kuvempu University	2025	Completed

GAMES AND SPORTS SPECIALIZATION

- **Volley Ball/Badminton/Hand Ball/Hockey/Football/Kabaddi/Kho-Kho.**
- **Table Tennis/ Wrestling/Judo/Aerobics.**
- **Track and Field events.**

PAPER PRESENTATIONS AND PUBLICATIONS

1. **Published my paper entitled “Role of Visual Training Instructor in Enhancement of Sports Performance” in ‘The academic’- International Journal of Multidisciplinary Research, Impact Factor SJIF 2023 = 7.2, Vol-2/11, Online ISSN 2583-973X, November 2024.**
2. **Participated in the one-day international conference on “Physical education and allied sciences (ICPEAS)” organized by the Department of physical education and sports science, In association with IQAC & Physical education foundation of India (PEEI). Held on February 07, 2025 in Mysore.**
3. **Participated in the national conference on “Female – Directed Aggression and Strategic Response” organized by the C, T, T, E. Research call and St. Joseph college of arts and science for women, pagalpatty. Saem, held on August 13, 2024.**
4. **Published my paper entitled “Effect of Twelve Weeks Visual Training on Volleyball Skill Level of Inter-Collegiate Volleyball Players” Published in Peer reviewed and UGC CARE Journal, Juni Khyat ISSN: 2278-4632 Vol. 14, Impact Factor: 6.625, Issue 08, No. 02, August 2024.**
5. **Participated in the national webinar on "Entrepreneurship Development in Food Processing and Value Addition" organized by Department of Home Science, Smt. Bangaramma Sajjan Arts, Commerce and Science College for Women Vijayapura. On 10th August 2024.**
6. **Participated in the online international 7-day workshop on “yoga for women’s wellness” organized by yoga mandir trust, Bangalore in association with Indian Institute of Science, Bangalore and Yogasala-rajiv Gandhi University Knowledge Technologies, Nuzvid-a.p. On 14-20 June 2024.**
7. **Presented the paper on the topic “Role of Media in the Development of Sports” in the national Conference On “Physical Education and Sports Sciences-Professional Pathways and Prospects” Organized by Department of Physical Education, Kuvempu University, Jnana Sahaydri, Shankaraghatta. On 12th March 2024.**
8. **Participated in the Pre-Conference workshop on “Advances in Sports Injury Management”. Organized by Department of Physical Education, Kuvempu University, Jnana Sahaydri, Shankaraghatta. On 11th March 2024.**
9. **Published my paper entitled “Differences in Peripheral Vision and Reaction Time Between Sports Persons and Non-Sportspersons” in an International, Peer Reviewed, Refereed & Quarterly Scholarly Research Journal for Interdisciplinary Studies, Impact Factor SJIF 2021 = 7.380, Vol-11/65, Online ISSN 2278-8808, Printed ISSN 2319-4766, October – December 2023.**

10. Presented the paper on the topic “Differences in Peripheral Vision and Reaction Time Between Sports Persons and Non-Sports Persons” in the two-day International Conference On “Emerging Trends and Approaches in Education” Organized by Kumadvathi College of Education, Shikaripura, on 20th and 21st October 2023.
11. I participate in 7 days’ camp held at jnana sahyadri campus from 15 to 21/07/2023 for public, students and staff of Kuvempu university on the occasion of international yoga day.
12. Published my paper entitled “Understanding Core Visual Skills in Execution of Vision Training Module for Volleyball Players” in Madhya Bharti UGC Care Approved, Group I, Peer Reviewed, Bilingual, Biannual, Multi-disciplinary Referred Journal, ISSN 0974-0066, with IF=6.28 Vol. 83, No. 15, January - June: 2023.
13. Participated in the two-day National Conference On Physical Education and Sports Sciences” Organized by Vidya Vikas Mandal’s Shree Damodar College of Commerce & Economics, Margao, Goa. Held on 05 and 06 april 2023.
14. Participated in the one-day national seminar on “Digital Media Journalism: Challenges and Prospects” Organized by the department of journalism and mass communication, Kuvempu university, hold on February 23rd, 2023.
15. Participated in the one-day International webinar on “Sports Engineering and Technology” Organized by International Association of Physical Education and Sports (IAPES), Hold on 12th February 2023.
16. Paper publication on Suvvi Publications, Shikaripura, Shivamoga Dist, article entitle “Contribution of Sense Organs in High Sports Performance” On December 2022, Published in ISBN: 978-81-95622-9-4.
17. Presented the paper on the topic “Social Values of Sports: A Review” in the one-day national level seminar “Strategic approach for multidisciplinary education” Organized by S.G.V.V. T’S Shree gavisiddeshwar college of education, Koppal on 10th December 2022.
18. Published my paper entitled “Social Values of Sports: A Review” In Strategic Approach for Multidisciplinary Education Vol-I, ISBN 978-81-959744-0-5.
19. Participated in the one-day national workshop on “Physical Education, Health and Wellness-2022”. Organized by International Federation of Physical Education, Fitness and Sports Science Association, Hold on 10th and 11th December 2022 at Hydrabad.
20. Presented the paper on the topic “Contribution of sense organs in high sports performance” in the one-day national level multidisciplinary seminar on Contemporary Anxieties and The Common Man; Life After(During) Covid 19, Organized by the internal quality assurance cell (IQAC) of the institution on 26th august 2022 at government first grade women’s college, Shivamogga
21. Participated in the six-day National Workshop on “Sports Science Research” Organized by Mangalore University Department of P G Studies Research in physical education on 23 to 28 may 2022.
22. Published my paper entitled “Concept of Visual Training in Sports” in inipar- International Journal of Innovative practice & Applied Research Vol. No. 12, June 2022, ISSN No. :2349 – 8978 with Impact Factor 5.2.

23. Presented the paper on the topic “Concept of Visual Training”, in the ICSSR sponsored two-day’s national seminar on “Swastha Bharat in India: Problems-Prospects and Way Forward”, organized by department of studies in physical education and sports science, Karnataka state Akkamahadevi women’s university vijayapura, from june 16th & 17th 2022.
24. I have received best paper presentation award on the topic “Concept of Visual Training”, in the ICSSR sponsored two-day’s national seminar on “Swastha Bharat in India: Problems-Prospects and Way Forward”, organized by department of studies in physical education and sports science, Karnataka state Akkamahadevi women’s university vijayapura, from june 16th & 17th 2022.
25. Presented the paper on the topic “Role of visual training instructor in enhancement of sports performance”, in the two-day national conference on “Recent advances in physical education”, organized by department of physical education on march 30- 03-2022 and 31-03-2022 at jnana sahyadri campus, shankarghatta.
26. Participated in the “International certificate course on science of coaching in cricket”, organized by international association of physical education and sports (IAPES) Incorporated in collaboration with physical education foundation of India and Lakshmibai institute of physical education, on March 2nd to 5th 2022.
27. Participated in the “International certificate course on science of coaching in football”, organized by international association of physical education and sports (IAPES) Incorporated in collaboration with physical education foundation of India and Lakshmibai institute of physical education, on February 19th to 22nd 2022.
28. Presented the paper on the topic “Beneficial Effects of Visual Training for Sportspersons: A Review” in the IQAS Initiative collaboration with Alumni associations a two-day virtual National Conference on “Innovative pedagogy and teaching-learning to promote NEP-2021”, organized by kumadvathi college of education, shikaripura from 18th to 19th December 2021.
29. Paper publication on prasaranga, kuvempu university, jnana shyadri, Shankaraghatta, article entitle “Beneficial Effects of Visual Training for Sportspersons: A Review” on December 18th & 19th Published in ISBN: 978-93-83985-21-0.
30. Participated in the Three-day workshop on “Basic Statistical Data Analysis using SPSS”, organized by department of research and publications A2Z EduLearningHub LLP, on Date & Time: 5th, 6th & 7th November 2021.
31. Participated in the two-day workshop on “Research and Publication Ethics”, organized by international quality assurance cell (IQAC), in collaboration with faculty of Physical Education and sports science on October 27th and 28th 2021.
32. Participated in National Level Webinar on “Advancements in Sports Training” organized by Department of Physical Education, SDM College (Autonomous) Ujire held on 12/11/2020.
33. Participated in National Level Webinar on “Quality lifestyle management during covid-19” organized by Raja lakhmagouda science institute, Belagavi & khel Karnataka physical education and sports association, Belagavi, on 1 june 2021.

34. Participated in the “National Sports Day Online Quiz” conducted on 30-8-2020 was organized by the Department of Physical Education, PES Public School, Shivamogga.
35. Inter College Kuvempu University Athletic Meet Javelin Throw Second Place in 2020, Shivamogga.
36. Inter College Kuvempu University Volleyball Tournament First Place in 2019, Shivamogga
37. Inter College Kuvempu University Volleyball Tournament First Place in 2018, Rippanpete.
38. Represented State Level Javelin Throw in 2010, Davanagere.

WORK EXPERIENCE – as official for sports events

- Officiated CBSC Athletic Meet in 2020 for Kumadvathi Residential International School, Shikaripura.
- Officiated Inter-College Athletic Meet in 2019 for Kuvempu University, Shimoga
- Officiated Inter-College Badminton Tournament in 2019 for Kuvempu University, Akshara College, Shimoga.
- Officiated Taluk Level Sports Meet in 2019 for Gurukula Residential School, Honnalli.
- Officiated Inter-College Athletic Meet in 2018 for Kuvempu University, Thirthahalli.

OTHER QUALIFICATION

- Senior Professional First Aid Certificate in 2013.
- Diploma in Computer application and Tally.

JOB PROFILE

- Lesson plan according to the system followed by the institution and subject are and deliver the lessons so planned to the students.
- Organizing inter institution competitions in volleyball, badminton, hand ball & table tennis.
- Coaching in volleyball & badminton.
- Identification of children gross motor skills and special needs.

PERSONAL DETAILS

Name	:	Vasanthanaik P.
Father Name	:	Papanaik R.
Mother Name	:	SunithaBai.
D.O. B	:	05/07/1994
Sex	:	Male
Marital Status	:	Single

Nationality : **Indian**

Personal address : **Shanthinagara Village
B.R. Project (Post)
Bhadravathi (Tq)
Shimoga (Dist)
Karnataka. PIN-577115.**

Languages Known : **Kannada, English and Hindi**

Hobbies : **Sports coaching** (*Volleyball, Badminton, Football, Table Tennis, Track and Field events*), **Reading books, Newspapers and Paper Publications.**

DECLARATION

I hereby declared that the above mentioned information is correct to the best of my knowledge and I bear the responsibility for the correctness of the above mentioned particulars

Date: 19-03-2025
Place: Shankaraghatta.

(VASANTHANAİK P)